

THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
January, 2016!

Editor: Stephen Rosenthal

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www.sonsofnorwaysacramento.com.

*Intrepid Reporter: Dick Tracysen (currently on leave
and residing at the Betty Ford Clinic, now with in and out privileges)*



HAPPY NEW YEAR!

FROM OUTGOING LODGE PRESIDENT TOVE-LISE MILLER:

Greetings and Happy New Year,

It has been quite a complicated year for me and I really have not been able to complete the tasks I wanted to complete as President of the Lodge. I figured I would have been able to correct that in 2016, but it does not look too promising. Therefore I am really happy that Ron Byrd is willing to take over as President for 2016 and I will support him the best I can as Vice President.



I would like to thank everyone that has worked so hard at our dinners and festivals and those that have participated in our events. It takes a lot of energy and time, but it is also a lot of fun. I know the younger generation is really involved with a lot of activities these days so I find it especially rewarding when I see them help out at our events. Please, kids, keep our organization alive by honoring your heritage and participate when you are able to.

Looking forward to see you all in 2016.

Godt nytt år.

Hilsen Tove-Lise

SIDEBARS FROM THE EDITOR...

AN UPDATE ON OUTGOING PRESIDENT TOVE-LISE MILLER

As many of you know **Tove-Lise and husband Ray** were in a very serious auto accident on November 28th. Tove-Lise is recovering from broken ribs. Ray is still in the hospital with very serious injuries and related health problems. His recovery will be protracted. Tove-Lise is very occupied—and preoccupied— with his recovery.

Ron Byrd has stepped forward to be lodge President in 2016. Tove-Lise is continuing as District 6 Zone 1 Director at this time.

STEIN ERIKSEN



In case you missed it, the great Norwegian skier, **Stein Eriksen**, died on December 27th at the age of 88.

Generally regarded as the father of freestyle skiing and also as an Olympic medalist for alpine skiing, he was perhaps better known to younger travelers of today as the namesake for the lodge that bears his name at Deer Valley Resort in Park City, Utah.

Eriksen was a giant in the alpine ski world starting in the 1950s. He took gold and silver medals in giant slalom and slalom events respectively in the 1952 Winter Olympics in Oslo, Norway. Two years later he won three gold medals -- the first "triple gold" winner -- at the World Championships in Are, Sweden.

He served as director of skiing at Deer Valley for more than three decades. His form and style defined Eriksen as a stand-out skier. "Stein Eriksen didn't invent graceful skiing, but he sure perfected it," ABC4 Utah reporter Craig Wirth wrote in a November story about spending a day on the slopes with him.

It is said that Eriksen was skiing's "first superstar", since he was handsome, stylish, and charismatic. Despite his fame, he maintained a very down-to-Earth personality. For example, he is quoted as saying, "Be tough, be confident. But you will never be a whole and happy person if you aren't humble."

LEADERSHIP SEMINAR UPCOMING

Do you aspire to a future leadership position within Sons of Norway? Then you might be interested in attending the District 6 Leadership Seminar to be held **February 27th in Yuba City**. Lunch will be included and carpooling is possible. There will be more information available soon. Any member, whether planning to run for office or not, will be welcome.



2016 OFFICER INSTALLATION !

January 10th! Please see the flyer in this issue of the Navigator!

2016 OFFICERS ELECTED

Here again is your list of lodge officers for 2016. We hope you will support them as they work for the lodge this year. Three positions, **Librarian, Sports Director, and Cultural Director**, are "held" by honorees who should be replaced by bona fide lodge

(Continued on page 3)

SIDEBARS (Continued from page 2)

members.

President	Ron Byrd
Vice President	Tove-Lise Miller
Secretary	Carol Lee Solheim
Assistant Secretary	Donna Gordon
Treasurer	David Bailey
Membership Secretary	Florence Smith
Social Director	LaRena Hannon
Assistant Social Director	Lyla Hanson
Counselor	Joe Hannon
Marshal	Ann Sandner
Assistant Marshal	Pat Harriman
Youth Director	Carol Francis
Greeter	Jim Smith
Librarian	Marian the Librarian
Musician	Janet Moe
Assistant Musician	Bob Dahl
Sports Director	"Shaq"
Cultural Director	Gallagher
Newsletter Editor	Stephen Rosenthal
Website Manager	Terje Miller
Newsletter Publisher	Ray Miller
Directory/Labels	Carol Lee Solheim
Publicity Director	DeAnn Smeltzer
Foundation Co-Director	Donna Gordon
Foundation Co-Director	Kristi Mattes
Trustees	
3 year	Mike Gordon
2-year	Stephen Rosenthal
1-year	Arne Jensen
Auditor	Susan Lemmon

S/N NEW FOUNDATION DIRECTOR

Sons of Norway announced in mid-December that **Corrie Maki Knudson** has been hired to serve as the new Director of the Sons of Norway Foundation. Joining the Foundation in advance of its 50th anniversary, Knudson brings with her a wealth of experience and success from within the fundraising industry.



Having spent the last decade working in philanthropy and focusing on the areas of major gifts and grant writing, Knudson will now concentrate her efforts on increasing major and

planned gifts during the Foundation's jubilee. "This is an exciting time to be joining the Foundation," said Knudson. "With the upcoming 50th anniversary as well as the potential that we will cross the \$2 million-in-giving –threshold, thanks to the contributions of our dedicated donors, there is a very bright horizon, indeed." In addition to her larger duties, Knudson will also be responsible for day-to-day operations and the awarding of financial support via the Foundation's grants and scholarships programs.

MISSING PAGES!

This Navigator, on-line, has 17 pages. The size of the postal version is estopped at 12 pages. The postal reader will have to refer to the on-line version to see the additional pages.

***** Check out the new Website! *****

**District Six Lodge Meeting
And Convention 2016**

www.d6in16.com

"Mining Our Heritage"

June 19 - 22, 2016

Embassy Suites Hotel * Loveland, CO
Hosted by the 7 lodges of Zone 8 (Colorado)



ROALD AMUNDSEN LODGE FAMILY CHRISTMAS PARTY

A small but happy group gathered at the Lutheran Church of the Good Shepherd on Sunday, December 27, 2015, for the annual Family Christmas party. Members who assisted with the party included **Janet Moe, Joe and LaRena Hannon, Carol Lee Solheim, and Carol Francis.**

First we had singing with a parade led by **Erin Hill**, Janet's daughter, and then Janet told the story of "The Wild Reindeers" about a Sami girl in northern Norway who had to tame the reindeer for Santa's sleigh. We even sang some Norwegian Christmas carols, which **Oystein Solheim and Trond Aschehoug** (both born in Norway) particularly enjoyed.

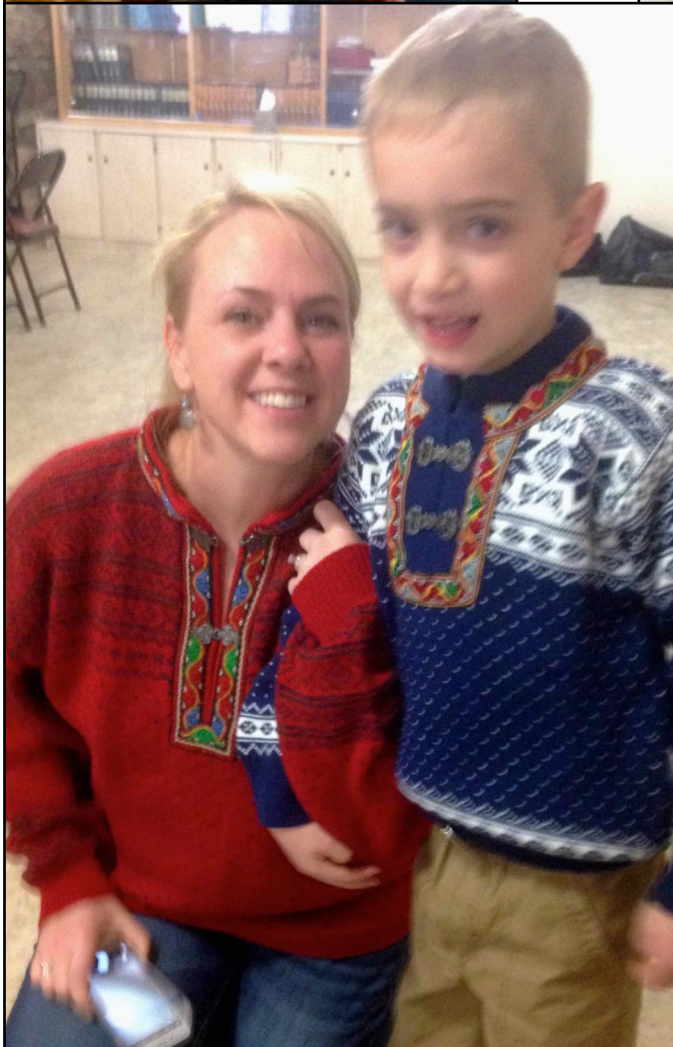
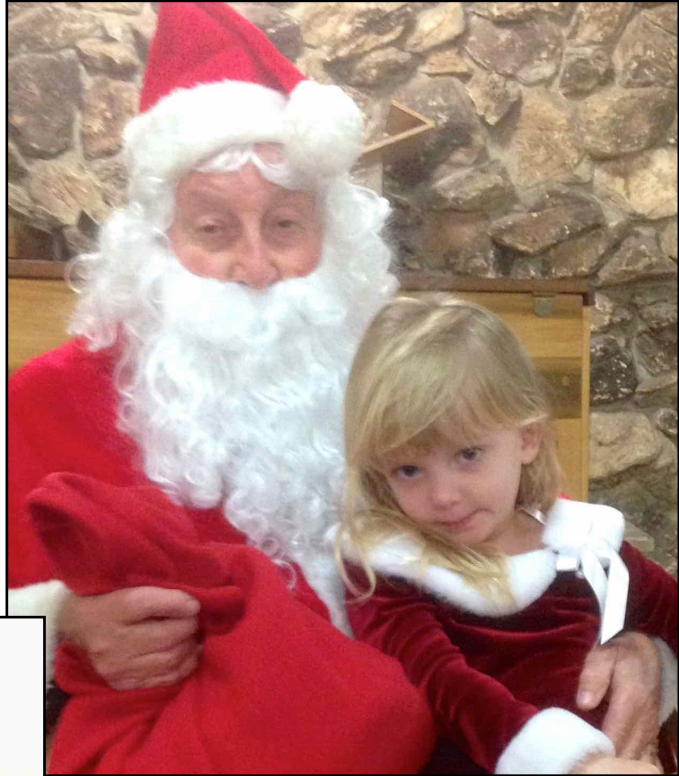
Dance teacher **Barry Moore** led us through three dances, with his young pupils doing well on counting to sixteen and going in and out of the circle. More complex steps needed help from parents **Erin and Daniel Hill, Jill Aschehoug, and Erik and Daisy Aschehoug**, as well as grandparents **Trond Aschehoug and Janet Moe.**

The eight kids had a fun time, and were last seen in a spirited game of chasing each other around the room repeatedly, with great laughter!

The lodge would like to especially thank **Janet Moe**, who each year secures the venue and leads the proceedings for this wholesome event.—*Carol Francis, and the Editor.*



MORE FAMILY CHRISTMAS PARTY PHOTOS!



MORE FAMILY CHRISTMAS PARTY PHOTOS!



JULEBORD, CHRISTMAS, 2015

We had a full house for the Julebord dinner on December 19th. Julebord chairpersons **LaRena and Joe Hannon**, along with Lodge President **Tove-Lise Miller** orchestrated a classy event. Many persons helped with food preparation, serving, set-up, clean-up, reservations, and all other necessary activities. **Carol Francis** served as Emcee, along with Tove-Lise. LaRena thanked all contributors at the dinner, and tried not to leave anyone out. Your editor's opinion was that the pork roast was absolutely tasty (thanks, Joe Hannon).

LaRena Hannon once again organized a Santa Lucia procession. **Cheznee Hill** was Lucia and her cousin **Stylz Stacy** was the Star Boy. A former Lucia, **Astoria Brown**, helped prepare the baskets of cookies and candy canes. The Brown family comes from Redding every year for this event, and also to attend the Nutcracker production here in Sacramento.

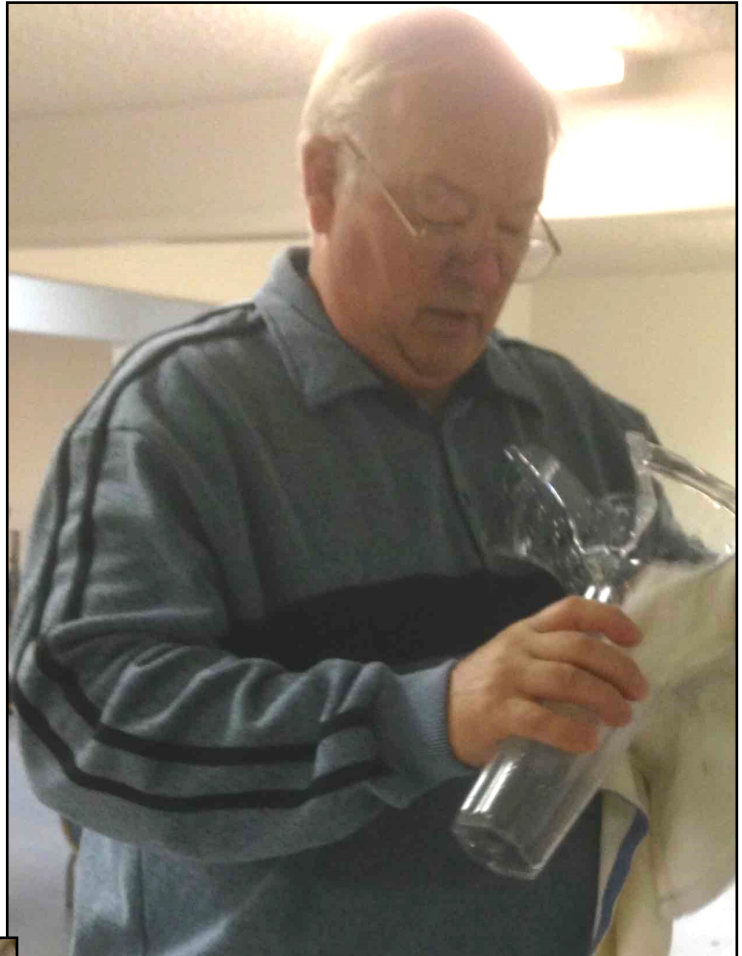


LaRena Hannon with part of the Santa Lucia contingent: Ocean Davis, Elizabeth Hill, Leah Hill, and Cheznee Hill. Our musician Janet Moe with her granddaughter, Leah Hill.



*Family Christmas Party photo information: P. 4: Members of the Christmas party group with Santa. Santa with Ocean Davis. P. 5: Janet Moe reading *The Wild Reindeer Story*. Santa with Leah Hill. Jill Aschehoug with son Sam Gallo. Santa with Michael Aschehoug. P. 6: Violet Aschehoug, Ocean Davis, Michael Aschehoug and Elizabeth Hill. Erik Aschehoug holding his son, Woody. Violet Aschehoug with Santa.*

ADDITIONAL JULEBORD PHOTOS



ADDITIONAL JULEBORD PHOTOS



More Julebord photo captions. P. 7: Donna and Mike Gordon hard at work, as usual. Handsome couple in Christmas finery DeAnn and Matt Smeltzer. DeAnn does a great job with lodge publicity. LaRena Hannon and lodge President-elect Ron Byrd with kitchen duty. P.8: Entrance table with Lyla Hanson, Oystein and Carol Lee Solheim, Alex and Loretta Schenck and, unfortunately with her back to the camera, Lyla's daughter Lisa Ferris-Reed. Janet Moe and Cecelia Byrd at work in the kitchen. Steve and Celia Rosenthal at table.





Please join us for the Lodge's first event of 2016

**Roald Amundsen Lodge 6-48
Sons of Norway
Installation of New Officers and Potluck Lunch
Sunday, January 10th, 2016, 12:30 PM
Masonic Center, 5944 San Juan Avenue, Citrus Heights**



**Please bring a salad, hot dish, dessert or side dish to share.
Coffee, Punch, Plates and Utensils will be furnished.**

Potluck lunch will be shared, followed by a short meeting and installation of 2016 officers, with Installing Officer Jim Smith, past International Director, presiding.

Please come and thank outgoing President Tove-Lise Miller and other officers for all their hard work in the past year, and to welcome the new and returning officers for 2016.

Everyone is welcome. Incoming and outgoing officers are especially encouraged to attend. Let us make it a grand occasion. Reservations not required.

**Scandinavian Sweaters are encouraged.
(This will be the only lodge meeting in January.)**



Important News from District ^{Super} Six

The District Six Nominating Committee is now evaluating candidates for the District Six Board of Directors (June, 2016 – June, 2018). The District Six Nominating Committee members are:

Lyle Berge (CO-UT) – lyle.berge@sofnboard.com

Roger Espelund (AZ) – roger.espelund@sofn6.org

Randi Cruze (North CA) – randi.cruze@sofn6.org

Lise Fleming (Central CA) – lise.fleming@sofn6.org

Gwen Knighton (South CA-NV) – gwen.knighton@sofn6.org

Will you consider serving on the District Six Board from June 2016 – June 2018? The recently formed Nominating Committee anticipates hearing from many dedicated members who will ultimately provide a solid representation of the membership in the District. Our Committee will introduce the names of candidates for all thirteen positions at the June 2016 biennial meeting in Loveland, CO. Delegates from all local lodges in District Six are eligible – *Be An Elected Delegate!*

All candidates must be Benefit members by the date of the 2016 Convention, over the age of 18 and complete the Candidate Application form that can be accessed on the D6 website. If you are interested, please complete the form and forward it to the Chair, Lyle Berge, lyle.berge@sofnboard.com or 1353 W. 88th Ave. D-202, Thornton, CO 80260. You may also contact other committee members (see list above). Job descriptions for the District Six board positions can also be accessed from the D6 website.

ATTENTION, POSSIBLE ROALD AMUNDSEN LODGE CONVENTION DELEGATES: As alluded above, the biennial **District 6 Convention** occurs this year. The venue is Loveland, Colorado. Contrary to the description of one wag, the theme for the convention is not “Lovefest in Loveland.” Roald Amundsen Lodge expects to rate five or six delegates, depending on member count at year-end. Incoming President Ron Byrd will be an automatic delegate and Tove Lise Miller will probably attend as Zone 1 Director and not part of our count, which leaves four or five to be elected by the membership. In order to meet timing requirements put upon us, we will need to hold those elections at the February 9th, 2016 lodge meeting. **If you wish to be considered and will not be at that meeting, you must send a letter to the lodge Secretary (Carol Lee Solheim) informing the lodge of your interest and willingness to attend and be a delegate.** We will also elect some alternates at that meeting.

The Convention website: <http://www.d6in16.com/>

A MESSAGE FROM OUR DISTRICT SIX INTERNATIONAL DIRECTOR...**District Six Nominating Committee
Sons of Norway**

Delegates to the June 19-22, 2016 District Six Lodge Meeting and Convention should be elected prior to March.

Because the District Six Board is comprised of elected members from our fifty local lodges and candidates for the Board must be a delegate, the Nominating Committee requests that anyone with the talent and interest in serving our District submit their name for election as a delegate. As all Board members are elected from the convention delegates, we are dependent on having potential future Board members serving as 2016 delegates.

Resolutions* approved at the 2014 International Lodge Meeting state that all candidates for District office are to apply to the Nominating Committee instead of during the District Lodge Meeting in June. All information for the application as well as a list of duties for all thirteen positions are available on www.sofn6.org Please contact any of the Nominating Committee members, as listed on the website, for further clarification or to submit an application.

Lyle Berge, Chairman
lyle.berge@sofnboard.com
720-470-9518

*This also applies to International Board candidates; however those of us from Districts 5 through 8 are in the middle of our 2014 – 2018 term. Districts 1 through 4 will elect new International Directors this year.

“Every Member Get a Member”

Starting January 1, 2016 through December 31, 2016, District Six has a special membership recruitment program. For every new adult member that is referred by a Sons of Norway member, and that referring member's name is indicated on the membership form, that member will receive a \$5.00 gift card from the District. No limitation on the number of members you may recruit. For further information, contact District Six Vice President Luella Grangaard at 760-363-7704 or morongo2@verizon.net.



Bunad Camp 2016



All About Bunads

Bunads come in many varieties ranging from exquisitely embellished with trims or embroidery on wool or with no embroidery at all and made of cotton. Make your own custom bunad or hverdagsdrakt (everyday bunad) whether it is elaborate or simple. Expert dressmaker, Sue Sutherland will help you make the bunad you have always dreamed of.

- April 4-7 2016
- Taught by Sue Sutherland of Bunad Butikken
- A selection of imported fabric will be available to purchase to customize your own bunad
- Registration is \$300 plus lodging and materials for Sons of Norway members; \$350 for non-members.
- Individual instruction in authentic embroidery and construction
- Class size is limited to 12 students



For more information contact Pamela: 707-778-8120
Or email to clothcrafter@sbcglobal.net

Camp Norge
250 Canyon Mine Road
Alta, CA



SONS OF
NORWAY



Sons of Norway
District Six Convention 2016
June 19-22, 2016
Embassy Suites; Loveland, Colorado
Mining our Heritage

<i>Hosted by</i>
<i>Zone 8 Colorado</i>
<i>Fjellheim-107</i>
<i>Trollheim-110</i>
<i>Stein Fjell-114</i>
<i>Vesterheim-118</i>
<i>Vestafjell-146</i>
<i>Fjelldalen-162</i>
<i>Storfjell-169</i>

July 15, 2015

2016 DISTRICT SIX MEETING FOLK ART INFORMATION

Hilsen!

Colorado SON Lodges and District Six Board of Directors look forward to seeing you in Loveland, Colorado, and we invite all members to participate in the 2016 District Meeting Folk Art Exhibition & Competition! We are looking forward to an exciting display of entries - both seasoned participants and first timers!

At the suggestion of our new District 6 Cultural Director and approval of the District Board, we will initiate the Danish method of evaluating awards for entries in our Folk Art "competition" at this convention. We will still have all categories of our Folk Arts, we will still have judges, and we will still have ribbons, but not limited to 1 blue, 1 red, 1 white ribbon for each category. It won't be "everyone is a winner" (even though everyone *is* a winner that takes on learning these skills!) but maybe, for example, 2 blue, no red, 2 white in any one category. We also will not "group" various categories due to limited entries - *each entry will be judged on its own merit*. There will still be "Best in Show" chosen by the judges, and "People's Choice" awards. We hope this encourages continuous and more participation in this great part of our biannual meetings. Get busy with those projects! We are looking forward to a record display of our wonderful Norwegian Folk Arts!

We encourage all District 6 members to participate in this event - whether or not you will be a delegate to the convention. Entries are accepted as *Adult Professional* for those who teach and/or sell their art for financial gain. The *Adult Amateur Class* is for those who create their art as their past time/hobby and may share their skill with others, but not for financial gain. Please bring *Youth* entries - ages 16-20, and *Heritage* - 15 and under! They will enter in classes of their own. Remember - all entries must have been completed by the entrant within the last 2 years - District Meeting 2014-District Meeting 2016.

Pre-registration (June 1, 2016) of your item(s) is essential for set-up and committee planning (limit 2 entries in each category). All entry forms and instructions will soon be available in the District 6 website as well as included in delegate packets. If you will not be attending the convention, arrange with one of your lodge members who will be representing your lodge to carry your item(s).

We look forward to a great convention and an amazing display of the Folk Art of our heritage, created today, by our members!. Enjoy working on your projects(s)! Tusen Takk for your participation and for sharing your talent as we Mine Our Heritage in 2016.

Feel free to contact me if you have questions. I do not answer the phone to unknown numbers so please wait to leave a message and I will call you back.

Crystal Sundet
 2016 Convention Folk Art Chairperson
 720-283-8592 or 720-270-5236 (cell)
crystalkr@reagan.com



SON District Six Convention 2016

Embassy Suites; Loveland, Colorado

June 19-22, 2016

Mining our Heritage

Hardanger Rosemaling Chip Carving Painting

Klostersonm Knitting Crocheting

Weaving Figure Carving and more.....

Which is your passion of our Norwegian cultural skills? I hope your project for the Folk Arts competition/exhibition is in the works by now. Only a year to go, and I know some of our skills take some time to get done – Please don't tell me that you didn't have time to finish it when you get to Colorado for our 2016 District Convention... June 19-22, 2016! We'll be ready for you! – make sure you are ready to show us what you love to do! Looking forward to a “bang-up” competition and exposition display.

Let's not forget about our youth! Youth up to age 15 are invited to display their work. Ages 16-20 can compete in the Youth class. We would love to see youth interest in these wonderful skills passed on to us!

Entry info will be coming out soon, but if you have questions in the meantime, give me a call – 720-283-8592 – or send a note – crystalklr@reagan.com

Looking forward to it!

Crystal Sundet
 Folk Art Coordinator
 2016 District Six Convention

District Six Convention 2016 Committee (partial list)

Chair:
 Kathrine Browne
krowneks@gmail.com

Secretary
 Elaine Homan
rehoman@prodigy.net

Treasurer
 Gary Zook
sugar80525@gmail.com

Registrar
 Kaye Wergedal
kwergy@gmail.com

**Roald Amundsen 6-48
Sons of Norway
P.O. Box 3734
Citrus Heights CA 95611-3734**

**Non-Profit Organization
U.S. Postage Paid
Sacramento CA
Permit #124**

Return Service Requested

Roald Amundsen Lodge Website: <http://www.sonsofnorwaysacramento.com>.

ROALD AMUNDSEN LODGE 2016 PRELIMINARY CALENDAR

Sun., Jan 10, Officer Installation Potluck
Tue, Feb. 9, Torsk Dinner
Sun., Sept. 18, Post Camp Potluck or BBQ and Camper Presentations.
Sat., Oct. 29, Lutefisk Dinner
Sun., Nov. 13, Vikingfest
Sun., Dec 11, Julebord
Sun., Dec. 18, Family Christmas Party

There are likely to be changes as we work with the Masonic Lodge to confirm dates. Also, there will be second Tuesday of the month meetings during the months of March, April, May, June, October and November, beginning at 7:00 pm.